

The Spa at The Harper

We think you'll love Irene Forte Skincare products, and the treatments Irene has created for us. The go-to brand for sustainable skincare, it's a natural fit for The Harper. Irene's ethos of science and nature working in harmony means the products we offer have real substance – this is beauty that's more than skin deep, if you will.

The Harper Trio. 55 minutes | £95

Three really is a magic number in this powerful blend of The Harper's signature Back, Neck & Shoulder massage, a tailor-made Irene Forte Express Facial, and a nourishing hot oil scalp massage to finish - the ultimate massage/facial combo with multiple benefits.

Facials

Age Defying Facial 85 minutes | £110

Hot and cold volcanic stones rebalance, revitalise and relax. A double mask application promotes skin firmness, hydration and radiance. Our signature triple facial massage technique stimulates circulation, oxygen and nutrient flow, enhancing natural collagen production. A fresher, firmer complexion.

Forte Facial 55 minutes | £90

A bespoke replenishing facial. Start with a double cleansing and light buffing, followed by our signature facial massage and an application of a mask. A soothing scalp, hand and arm massage releases tension and slowly unwinds a busy mind. Finishing with eye cream, serum and moisturiser.

The Powerful 'Pick Me Up Facial' 25 minutes | £50

The nourishing cleanse and deep exfoliation will help brighten and illuminate the skin. Feel relaxed with our shoulder and facial massage using our Irene Forte rose facial oils. Finishing with eye cream, serum and moisturiser. This facial is the ultimate pick me up for your skin and mind.

Reflexology 50 minutes | £75

Promotes relaxation as well as balancing the mind and body to promote overall wellbeing, by applying pressure to certain areas of the feet that corresponds with parts of the body.

Prenatal Pampering

Full Body Massage and Foot Mask 55 minutes | £90

Nurture your changing body and calm your mind with this beautifully comforting treatment. Deeply hydrating Oil will be used to melt away muscle tension. Finishing with a refreshing white tea & menthol mask, heavy legs are eased, and the body and mind are left relaxed and restored.

To book your treatment in advance of your stay, please email spa@theharper.co.uk

Unfortunately, we must note that our treatment rooms are not currently accessibility-friendly, but we are actively exploring ways to improve access for all our guests.

Massage

Deep Tissue 55 minutes | £85

Reaching deeper muscle layers, this releases connective tissue restrictions to reduce muscle tension and improve posture.

Nurturing Massage 55 minutes | £85

A soothing massage designed to nurture and rebalance. Gentle warm Sicilian oils nourish and comfort the body, with light to medium touch, enabling inner calm and encouraging total relaxation.

Oncology Massage 55 minutes | £85

With soft light movement, this massage will relax your mind and body. Relieve tension and enhance your mood. Help combat your fatigue, aches and pains. For cancer treatment, either ongoing or in remission.

Relief Massage 25 minutes | £50

Starting with a refreshing back scrub, removing unwanted skin cells going into a massage designed to relieve tension specifically targeting Back Neck and Shoulders for total relief and relaxation.

The Harper Signature 85 minutes | £110

Float away during our signature treatment. A deeply relaxing holistic experience, that takes you on a journey. incorporating hot and cold elements in the shoulder and facial massage, followed by our tranquilizing scalp massage. You will leave feeling like your inner calm has been beautifully restored. Hair must be dry please.



Festive Hot Stone Massage with Spiced Essential Oil, Foot Wrap & Scalp Massage 85 minutes | £110

Embrace the holiday spirit with our Festive Hot Stone Massage. Enjoy the soothing heat of smooth stones paired with spiced clove essential oil to melt away stress. Treat your feet to a nourishing Horse Chestnut Foot Mask and relaxing foot wrap, while a calming scalp massage completes the experience, leaving you refreshed and ready to celebrate.